



NOBLE *Adventures*

BACKPACKING THROUGH LIFE *Live your Life as a Seeker...*



Pack Lightly

Keep things simple, revere the necessities, remove the clutter.



Face Your Fears

Be courageous. You must do what terrifies you.



Eat Locally

The "heart" of a place cannot be experienced without reveling in its culture and cuisine.



Treasure Your Totems

Find something that reminds you of this place and carry it in your heart.



Tread Lightly and Leave No Trace

Be gentle with our planet in honor and respect for those yet to come.



Take Lots of Pictures

Both mental and digital.



Honor the Experience

Reflect on Life's meaning and carry it in your inner world.



Acknowledge that Some Things Suck!

Laugh through the hardships - you'll feel lighter.



Look Up from Your Phone
Make eye contact and TALK to people around you.



Deepen Your Laugh Lines
Smile, this is fun!



Don't Be an Ass
Be aware, be sensitive, and most of all, be kind.



Be Grateful
You may never pass this way again.



Wear Out Your Boots
Walk, walk, walk, & really see the world.



Trust In the Goodness
Of the people, places and planet.



Be Open & Humble
Learn new things and smile when confused - there's always something new.



You're Not in Kansas Anymore
Don't judge or compare; Remember, you wanted to travel!



Haggle with Joviality and Respect
They are!



Pack Your Sense of Humor
It will serve you better than any travel gear.



Dance With the Children
And sit with the elders...



See a Need?
Give.

