



NOBLE  
*Adventures*

# DIA DE LOS MUERTOS

## *Itinerary*

MEXICO, 10/27/21 - 11/03/21

JOIN US FOR

6 DAYS WITH DEEPLY PASSIONATE, WISE LEADERS & WILDLY EXOTIC EXPERIENCES  
IN THE BEAUTIFUL STATE OF MICHOACAN, MEXICO

**Become the leader others want to follow,  
immerse yourself in another culture,  
and create space for new insights and  
fantastic adventures.**

Celebrate Dia de los Muertos, or Day of the Dead, a ritual that has endured since Pre-Columbian times, natural beauty, vibrant colors, and rich traditions.





OCT 27<sup>TH</sup>

## ARRIVAL & WELCOME: SET INTENTIONS FOR YOUR EXPERIENCE

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Arrive at Morelia International Airport. Be greeted by the Noble Adventures Director of Collaboratives to transport you to our accommodations at Cabanas Legoverde.

We will get settled in our rooms and allow time for rest from the flights. Take time to unpack, relax and refresh, and/or explore the grounds around you. You'll find that the natural beauty and tranquility of the Cabanas will draw you further away from your everyday life and deeper into peace.

We will gather to meet the rest of the team, and review our service project, its development, and its impact on the community.

For dinner, you'll be served a beautiful meal in the cozy and friendly setting of the leadership retreat center.

Fire Circle - Christina and Hernani will work with the group to address any specific concerns or personal challenges that may have arisen.

*On this first evening, we find that folks are tired from travel but often wired from sensory overload. All of this is normal, so we hold space for this first night for people to be gentle with themselves and decide what they need to become comfortable and rested for the week ahead.*





OCT 28<sup>TH</sup>

## DAY I: ENTERING COMMUNITY AS SERVANT

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**Morning Centering:** We will begin each day with centering exercises for quieting your thoughts and enhancing your mindfulness of time and place.

**Breakfast and Morning Group Learning Session:** Breakfast will be served community style. Leaders will briefly begin with the foundational underpinnings of self awareness and its impact on leadership.

**Service Project:** Leaders will brief the team on the project, the impact of its completion, and the challenges that may be involved. The team will discuss and decide the best roles and responsibilities, with participants challenging themselves to step outside their normal everyday roles.

**Lunch Break | Project continues**

**Return to Cabanas | Afternoon Integration and Rest:** We've found that between the jet lag, early mornings, and project work, time for rest, reflection, and integration is an essential part of the experience. You can shower, nap, journal, or relax outside and take in the view. We will offer a guided meditation for those who seek deep relaxation and stress relief.

**Dinner:** We will be joined by the local community members to have dinner family style.

**Temazcal "Sacred Fire Ceremony":** Ceremonies are found all over the world and have been used to promote health and spiritual growth for thousands of years. It persists as a tradition because it is safe, it is healing and it works - when done according to clear tradition and protocol.





OCT 29-30<sup>TH</sup>

## DAY 2: CONSCIOUS LEADERSHIP THROUGH SERVICE

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### Morning Centering

Breakfast and Morning Group Learning Session: Leaders will have exercises for the team to examine deeper levels of conscious leadership around values, personal hurdles to overcome, and accountability. Triggers that hinder your best life will be explored and a plan of action developed to reshape your life moving forward.

**Day 2 of the Project:** Continue project after morning debriefs and new roles considered for the day based on the previous day's learning.

### Lunch | Mid-day Integration/Rest Break

**Project Wrap Up & Debrief:** Review our experiences with the project and honor the work we have done. We will provide information about the "Four Magical Cities of Michoacan", the festival and the days ahead. We will be visiting 3 of the 4 cities to deepen our appreciation of the people and their culture.

Surprise Event With our Zacapu partners - Dinner & Free time

## DAY 3: THE FUTURE OF COLLABORATION, TEAMING, & PURPOSE

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### Morning Centering | Breakfast and Morning Group Learning Session

**Special Legoverde Activity:** Focus on "Teaming" and necessary elements to create rapid development of meaning and team cohesion through experiential activity.

### Lunch | Mid-day Integration/Rest Break

Free Time for Exploring the City of Zacapu and Shopping

Dinner with our with our Zacapu project Partners





OCT 31<sup>ST</sup>  
-NOV 1<sup>ST</sup>

## DAY 4: MYSTERIES OF PATZCUARO & DIA DE LOS MUERTOS

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### **Morning Centering (Optional)**

Breakfast at Cabanas: Our Mexican partners will provide an overview of the last few days of the trip and tell some tales behind the history of Dia de Los Muertos Adventure. Today will have surprises for everyone and will be a relaxed, fun, and unique day!

### **Depart for the Ancient City of Patzcuaro**

**Lunch:** At a local restaurant with a unique opportunity to deepen your love of Mexico.

**Accommodations in Patzcuaro:** Unpack, refresh, relax in the beautiful, natural setting of Quinta Santa Maria.

**Special evening event planned!**

## DAY 5: DIA DE LOS MUERTOS ADVENTURE BEGINS

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### **Breakfast will be served by a private local chef**

Morning overview of excursion details: Travel along the scenic hills of Michoacan. Spend the day and evening celebrating the spiritual and exotic festivals dotting the colonial city of Patzcuaro.

### **Lunch | Surprise Event**

**Meet up for an optional happy hour in Patzcuaro City Centre**

**Dinner:** Evening festivities continue

**Return to hotel for sleep**

NOV 2<sup>ND</sup> - 3<sup>RD</sup>



## DAY 6: BOATING EXCURSION TO THE ISLAND OF JANITZIO

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**Breakfast will be served by a private local chef**

**Travel to Lago de Patzcuaro's port to boat to Janitzio Island:** the heart of the Dia de Los Muertos celebration. We will hike to the top for spectacular views and festivities. A history of the festival will be given upon arrival so there is a deep understanding and appreciation of the culture of these people and their ancient traditions.

**Festival & Dinner:** On your own or with the group

**The driver will return everyone to Quinta Santa Maria**

## DEPART: EXPLORE THE COLONIAL CITY OF MORELIA

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**OPTIONAL:** We are offering an optional quaint streetcar guided tour in English in Michoacan's Capital city of Morelia, a 16th century UNESCO World Heritage City. Tour the Cathedral of Morelia, a Baroque-style, Roman Catholic cathedral located in the city center, the incredible Spanish architecture and beautiful city gardens throughout Morelia. Shopping opportunities are in abundance in Morelia.

**The airport is a short drive from the city center. All airline departure times will be coordinated and accommodated.**



# WHAT'S INCLUDED?

- ✿ 7 days/6 nights accommodations according to our itinerary
- ✿ Transportation by private van service to/from the Morelia International Airport on arrival and departure dates
- ✿ Daily, private ground transportation to/from all hill towns, sites, and locations included in the itinerary
- ✿ All breakfasts, featuring freshly made tortillas, local seasonal fruits, organic cereals, and fresh eggs, plus juices, herbal teas, and Mexican cafe'
- ✿ All lunches, unless you choose to go on your own during the festival
- ✿ All regionally inspired dinners with local spirits, either prepared by local chefs or in the glorious restaurants across the region
- ✿ 2-3 Happy hours or evening cocktail hour for chatting, sharing, and relaxing
  - ✿ Activities and experiences to remember for a lifetime
    - ✿ Entrance fees to all sites and guided tours
  - ✿ Spanish and English speaking international translators/guides
  - ✿ Accompaniment by Christina and Hernani for the entire adventure
  - ✿ Plenty of surprises along the way to dazzle and surprise you!

**Not included:** Airfare and any meals, alcoholic drinks, or personal transportation outside of that listed explicitly in the trip.

Gratuities for guides and drivers will also already be taken care of, but if you feel your spirit move to give additional tips, know they are not necessary but always appreciated.



# ACCOMMODATIONS



Your accommodations will be the rustic nature retreat cabins, Legoverde Cabanas, in the heart of Zacapu, one of the four "Pueblos Mágico" (Magical Villages) of Michoacán.



In Patzcuaro, we will be providing beautiful homes with fire pits and areas to rest and relax in the beautiful peace after an evening of celebration and spirit.





## EXPECT THE UNEXPECTED...

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Here's the thing about a Noble Adventure—you will be in-country with an entire team completely dedicated to creating a unique, fantastic and memorable experience for you. It is also a developing nation, so things are always paradoxical - simpler and often more difficult. While we publish this schedule to give you a sense of how the days flow, please know my team and I will be changing things up along the way—all of it geared toward giving you the best experience ever.

## TESTIMONIALS

### JEFF NILES

SR. REGIONAL DIRECTOR OF SALES, SHIFTWISE

Christina was great to work with. She was an inspiring leader who worked tirelessly to start and grow the organization. I was particularly impressed with Christina's management skills and her ability to organize and mobilize large groups of people toward a greater goal. She is a fantastic, strategic leader.

### SUSAN HODNE, MSW

ADOPTION SERVICES HOME STUDY SOCIAL WORKER

LOS ANGELES DEPARTMENT OF CHILDREN AND FAMILY SERVICES CHILDREN SOCIAL WORKER

Having worked alongside Christina for several years, I know her to have a warm, confident and intelligent presence. She is a powerful collaborator, who is skilled at working in high stress and resistant environments. Christina consistently inspires positive change with individuals and within the larger system. Christina is an asset for organizations, large and small, looking to advance their efficiency and effectiveness.



## RICH RIZZO

RETIRED CHICAGO POLICE OFFICER

COOK COUNTY INVESTIGATOR

POLICE COMMISSIONER AND WCHC BOARD MEMBER

As a police officer and later an investigator, I have worked with some combative folks, but I never knew coalition building and community organizing could be such demanding and chaotic work. Even under some very negative conditions, and an often hostile environment, Christina maintained her professionalism. Her work was always focused toward the goal of positive and impactful change for the entire community, and especially our youth. No matter what was thrown her way, Christina tried to mediate win/wins for everyone. She and I spent a great deal of time trying to negotiate the landmines that were often hidden in our community. Christina always wanted to believe the best in people, hoping that change was possible. Change was possible with Christina, as she rallied the majority of the community, engaged leadership throughout, and was a great role model for the youth, all of which resulted in measurable change for Wilmington, and another large grant award for the community. I cannot state enough how much of an impact she had on me personally and in my professional roles. I can only say that it has been an honor for me to have her walk into my life.

## JANELLE REENTS

PRESIDENT, MONICALS PIZZA CORPORATION

I have known Christina personally and professionally for over 15 years. Personally, I can say that Christina has the unique ability to inspire others to reach outside of their “comfort zone” and develop new skills as a leader, as a manager, or as a friend.

he is dedicated to the development of purpose-driven leadership and once you know her, you will quickly learn how her personal and professional experiences have shaped that passion.

Professionally, Christina understands the delicate balance between the preservation of a brand and the need to evolve and stay relevant. Time spent with Christina is an investment. She will challenge your team and make your organization stronger. Whether working directly with individuals, not-for-profit organizations or large corporations, you will find that Christina takes ownership in her work. Your cause is her cause.

## PASTOR ELIZABETH ARMSTRONG

ST. AUGUSTINE OF CANTERBURY, ROCKLIN

You are Gifted, a Wonder and a POWERHOUSE!





LEARN MORE

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